



Napa-Solano
Audubon's

Hummingbirds
H@ME

Activity Book

For more fun information about hummingbirds:
<http://www.hummingbirdsathome.org/>

To learn about more Napa-Solano Audubon
workshop's like this one:

put in our website link to events

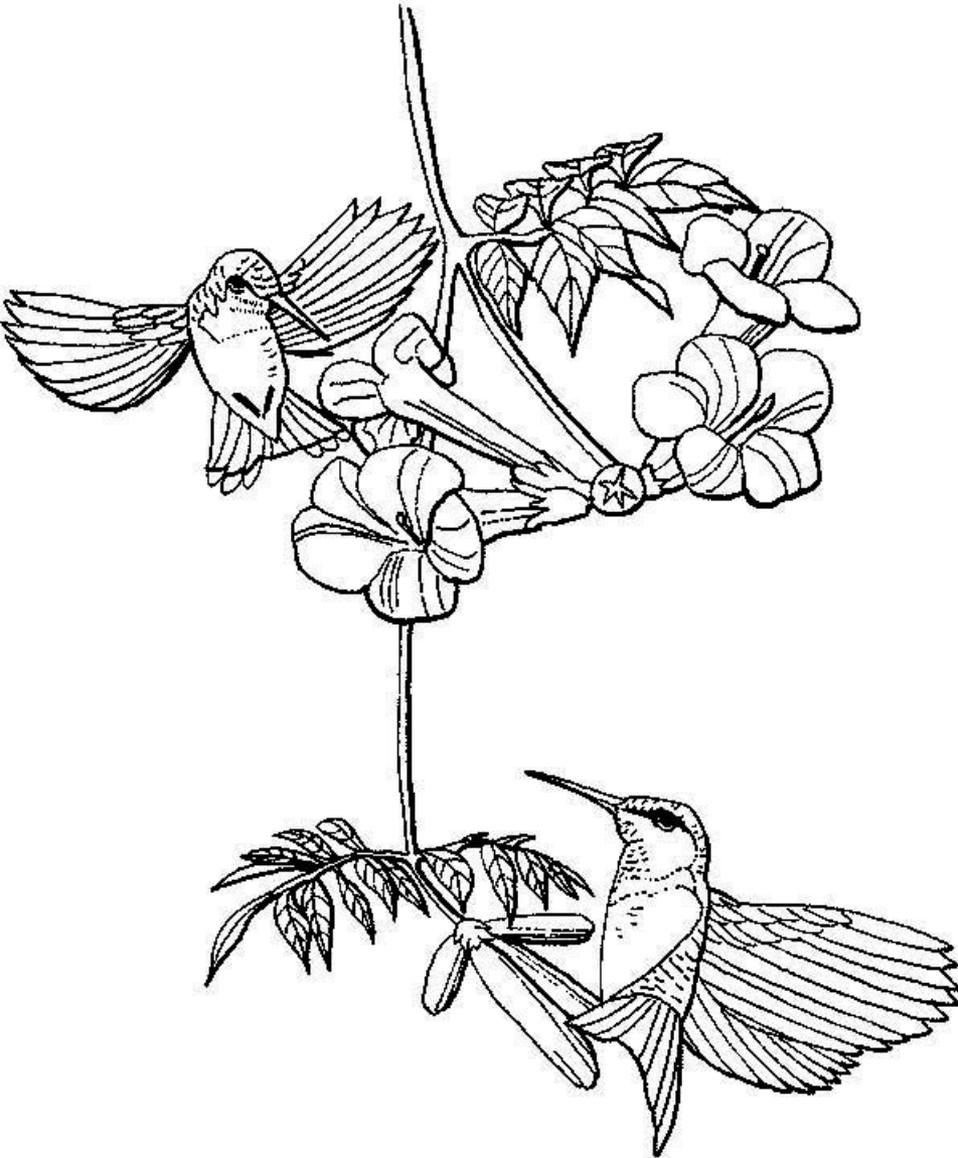


Quiz

Drawing page

1. How old was the oldest known wild hummingbird?
A) 5 years, B) 8 years ,C) 12 years
2. How far does the Rufous hummingbird fly during its spring migration?
A) 100 miles, B) 2,000 miles, C) 0 miles, it doesn't migrate
3. How many eggs does a female hummingbird lay?
A) 2, B) 4, C)10
4. Who builds the nest?
A)the male B)the female C)Both
5. How much has Rufous hummingbird numbers declined since 1967?
A) 10%, B)25%, C) 60%
6. When resting, how many breaths will a hummingbird take in a minute?
A)250, B)100, C)75
7. Which weighs more an Anna's hummingbird or a nickel
8. How fast can a hummingbird dive?
A) 20mph, B) 60mph, C) 250MPH
9. How many flowers does a hummingbird visit every day?
A) 10, B) 100, C)1000

Coloring Page



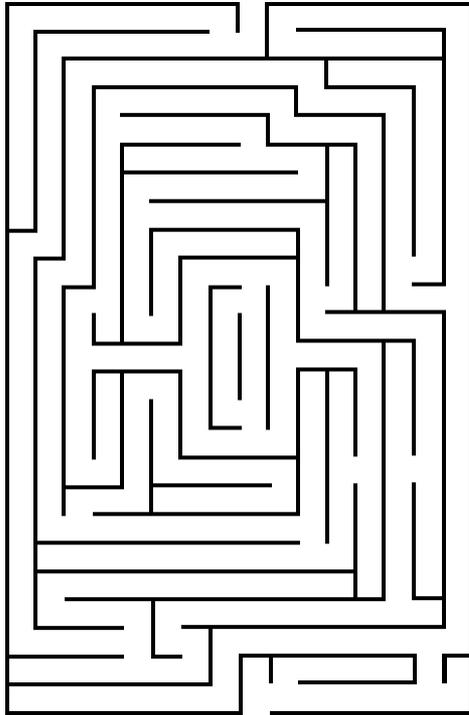
Hummingbird Treasure Hunt³

Find 5 of these things on your walk today and get a prize!

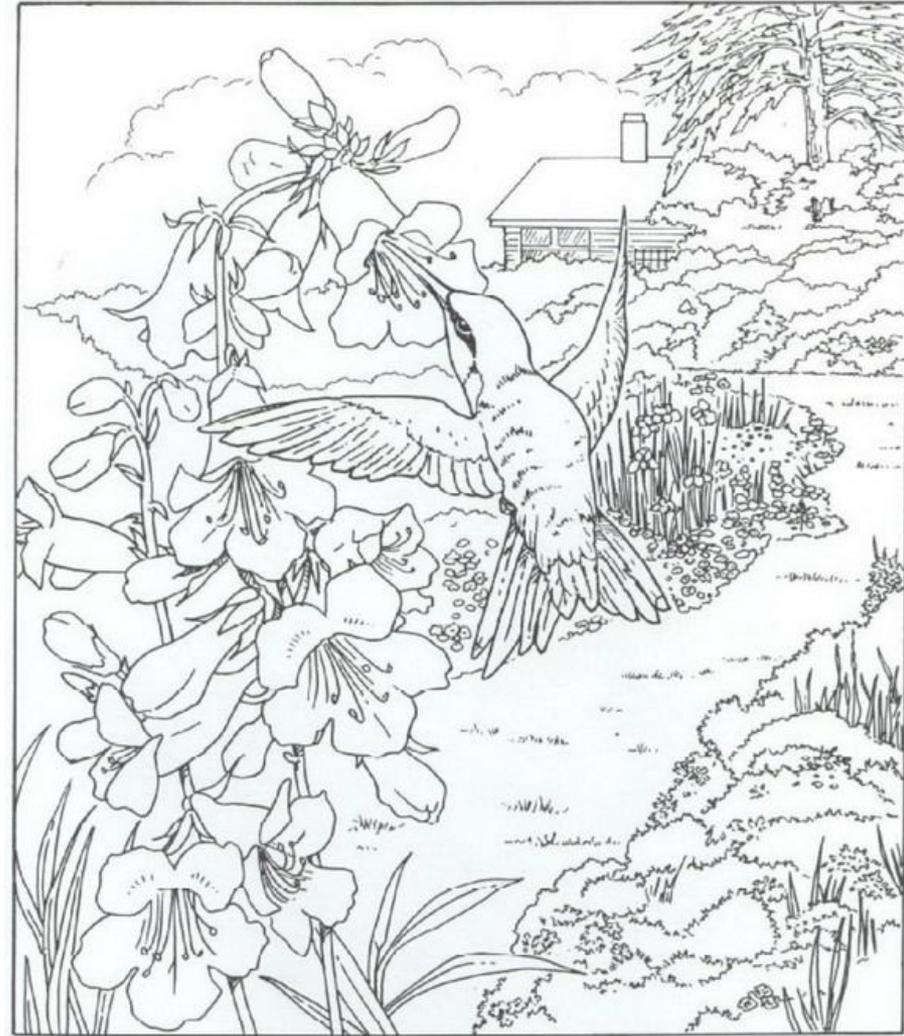
- See an Anna's Hummingbird
What is their main color? Draw a hummingbird.
- Hear an Anna's hummingbird
Can you describe two different sounds that they make?
- A flower.
75% of hummingbird food is nectar (sugar water from flowers).
Draw what the flower looks like.
- A branch that would make a good perch
What makes it a good perch?
- A branch which would be good for a nest.
What would make it a good branch for a nest?
- Spider Webs
What do you think hummingbirds use spider webs for?
Can you find two spider webs that are very different?
- Insects – Insects make up 25% of a hummingbird's diet. List the insects that you find.
- Lichen – Hummingbirds hide their nests by camouflaging them with lichens

Maze

Help this Rufous hummingbird find her way from Mexico to Alaska



Coloring Page



8 Connect the dots to discover the Pollinator

Thanks to the wonderful work of hummingbirds and other animal pollinators, the world's flowering plants are able to reproduce and bear fruit, providing many of the foods we eat, the plant materials we and other organisms use, and the beauty we see around us.



Hidden Pictures



In this picture, find the coin, cowboy hat, spoon, T-shirt, cap, comb, pinwheel, rake, screwdriver, **hummingbird**, jump rope, wristwatch, pencil, and tent

Word Search – Find all the **BOLD** words in the Puzzle Below

T G Y F B H B L N G H X U N H P W A
 O O P F T S E N H Z E D K Q R A S Z
 J V O C I X E M V S N E H C I L T S
 A I H C S U F A I N R O F I L A C E
 H P S A N N A N V C K R E F A H E S
 Q M O S N T F R A L X A N M Q X S F
 D I Z P S Q W E K E D T I G C C N E
 M G A I S I N V S V O C B O T H I E
 I R H D N J W O A E E E M Q Y A P D
 I A N E E F C O L L B N U T Z R G E
 A T M R L H F H A A F V L S W M I R
 P E R W L I C N C N G C O U T T Y S
 F S G E A F S K R D K J C O C E X Q
 U Z P B R Z W O R S R J D F I G B D
 I O D S X A P F C A E I E U E R R Q
 L P Q E R R E E F G D W R R K O I L
 P Z Z D O W J M B E Q R I L E G W H
 I Y S T Y G Z D I O G D Z V X Z A Y

Interesting Hummingbird facts

- **ANNA'S** hummingbird can be found in our area year round.
- **RUFOUS** hummingbird **MIGRATES** through our area traveling from **MEXICO** to as far south as **ALASKA**
- **ALLEN'S** hummingbird comes for the summer
- Main source of food for a hummingbird is **NECTAR**, which is the sugar water a flower makes.
- **INSECTS** are also a very important food source making up 25% of their food.
- Hummingbirds are attracted to the color **RED**
- Hummingbirds are the only bird which can **HOOVER** and fly **BACKWARDS**
- Hummingbird **FEEDERS** may help hummingbirds if kept clean.
- Many native flowers are a favorite of hummingbirds including **CLEVELAND SAGE**, **RED COLUMBINE**, and **CALIFORNIA FUSCHIA**.
- The colorful throat of a male hummingbird is called the **GORGET**
- The scientific name for hummingbirds is **TROCHILIDAE**
- Hummingbirds build their **NEST** out of **SPIDERWEBS** and **LICHENS**
- A group of hummingbirds are called **CHARM**
- Hummingbirds hibernate at night and this state is called **TORPOR**